



CERTIFIED OCCUPATIONAL SAFETY SPECIALIST

Certified Occupational Safety Specialist

WHY SHOULD I TAKE COSS?

COSS is a unique, curriculum-based program that builds a solid foundation in safety knowledge for the beginning practitioner as well as the experienced professional. A recent survey indicated 95 percent of graduates believed COSS training would help them do their jobs better, and 90 percent of those surveyed said the way the material was presented made them feel confident that they could apply all they learned to their jobs.

WHAT SETS COSS APART?

The COSS program blends safety management development with regulatory training. Training covers regulations and rules but also focuses on how those regulations apply to everyday life. Graduates return to their jobs with a much greater understanding of how safety regulations come into play in their roles and responsibilities.

WHAT SHOULD I EXPECT?

The program consists of 40 hours of hands-on, face-to-face learning, which is delivered by an OSHA-authorized trainer. Case studies and workshops are used extensively to bring learning objectives into focus. Guest speakers from OSHA and other governmental agencies are used to enhance the learning experience. Student presentations, daily quizzes, practical reviews and a comprehensive final exam allow participants to demonstrate their competency.

IS COSS NATIONALLY ACCEPTED?

COSS has received national recognition for its rigorous safety standards. The program meets

the requirements outlined in ANSI Z490.1 – Criteria for Accepted Practices in Safety, Health, & Environmental Training Standard. COSS has also been established as a mandatory course for students in the construction management program at Louisiana State University, and is now being accepted as a three-hour elective toward the Associate of Applied Science in Occupational Safety & Health and the Bachelor of Science in Occupational Safety & Health through Columbia Southern University.

WILL I QUALIFY FOR COSS?

The only prerequisite for the COSS program is a high school diploma or equivalent. Unlike other safety certifications and designations, COSS does not require a bachelor's degree from an accredited institution. Workers can begin building upon their safety careers today, ensuring they make a real impact on the job.

