

# OSHA 10-HR CONSTRUCTION TRAINING

This 10-hour course provides entry level construction workers information about their rights, employer responsibilities, how to file a complaint, and how to identify, abate, avoid and prevent job

related hazards on a job site. Training emphasizes hazard identification, avoidance, control, prevention; not OSHA standards. Our instructor-led and

interactive course is offered over a 2-day period.

### **COURSE OUTLINE:**

- » Introduction to OSHA (1-Hour)
- » OSHA Focus Four Hazards (4-Hours)
  - Falls, Electrocution, Struck-by, Caught-in or Between
- » Hazard Communication (1-Hour)
- » Personal Protective Equipment (1-Hour)
- » Stairways & Ladders (1-Hour)
- » Health Hazards in Construction (1-Hour)
- » Respirable Crystalline Silica (30 Minutes)
- » Hand & Power Tools (30 Minutes)

Upon successful completion of our OSHA-authorized course, individuals will earn their official OSHA 10-hour card from the U.S DOL. Our course is intended to be orientation to OSHA safety training regulations 29 CFR 1926.

## JOIN US FOR THIS 1.5 DAY COURSE ON THE FOLLOWING DATES

January 29, 2024 8 am - 4 pm \* lunch will be provided January 30, 2024 8 am - 1 pm

### LOCATION

### PRICE

130 Executive Dr. Suite 5 Newark, DE 19702 \$235 per student



# TO REGISTER:

**EMAIL INFO@TEKSOLV.COM** 

Registration closes at 5:00 PM on January 22, 2023.

TekSolv reserves the right to cancel training courses if attendance minimums are not met.

CLASS SIZE IS LIMITED!

DON'T WAIT TO SIGN UP!